

Dear Employees of Discover South Kensington,

Aquila Health and Fitness Club is delighted to offer an exclusive membership to employees of Discover South Kensington member institutions. With a range of exemplary facilities and personalised benefits, we pride ourselves on fostering a welcoming and supportive environment for all our members.

Location:

Our club is situated at 11 Thurloe Place, South Kensington, London SW7 2RS (next to The Rembrandt Hotel and opposite the V & A Museum).

Facilities:

We provide a comprehensive range of facilities, including:

- Resistance machines and a free weights area
- Cardio suite
- Fitness studio
- Changing facilities and showers
- Sauna
- Swimming Pool
- Hot Tub

Pricing

All Discover South Kensington employees are offered the preferential membership rate of £99 per person, per month. Please quote to us “**code Discover South Kensington 2025**” when registering for this discount to apply. You must provide proof of being currently employed with one of the Members of Discover South Kensington.

Cancellation Policy:

Following completion of one full month, you are required to give a full month's notice to terminate your membership. It is your responsibility to cancel any direct debits concerned.

Example of a calendar month cancellation:

If you provide notice on **10th February or 20th February**, your notice period will run through **March**, and your last day of membership will be the **last day of March**.

Terms and Conditions:

This price is on offer until further notice and may be withdrawn at any time in the future. Terms and conditions apply.

Membership Benefits:

As a member, you will enjoy the following benefits:

- Gym inductions
- Fitness assessments
- Personalised gym programmes
- Complimentary 60-minute Personal Training Session
- Personal Training (additional fee)
- A complimentary personal training session on your birthday
- A 20% discount on food and drinks at The Rembrandt Hotel (maximum of 4 people)
- A varied range of fitness classes

Opening Hours:

Monday-Friday: 06:30-21:00hrs



health and fitness

aquila

11 Thurloe Place
London SW7 2RS
t +44 (0)20 7225 0225
f +44 (0)20 7225 3363
e [aquilla@sarova.com](mailto:aquila@sarova.com)
w aquillahealthclub.com

Saturday, Sunday and bank holidays: 08:00-20:00hrs

Aquila's team of certified personal trainers are dedicated to helping you reach your fitness goals, with bespoke workout plans tailored to your individual fitness level and objectives. We are committed to helping you develop not only your physical abilities but also a sustainable health lifestyle.

Fitness is not just about physical strength, but also about building confidence and resilience. Our personal trainers focus on creating a positive and encouraging atmosphere, where you can feel empowered to push your limits and celebrate your progress.

We also offer group fitness classes, allowing you to connect with others who share similar goals while working together to improve your fitness.

Sign Up

To sign up for this one-of-a-kind membership, please contact me at lmurphy@sarova.com or call Aquilla on 020 7225 0225. We look forward to supporting you in your journey to health and wellness.

In good health,

Lavinia-Rose Murphy

Membership Assistant